



PINK SEASON 2020 HEALTH FORUM

粉紅天 健康講座

This forum is open to both medical professionals and the general public

此講座歡迎醫護及公眾人士參與

Saturday, October 17
9.30am-4.30pm
Online 網上活動
Programme 日程表



9.30AM OPENING REMARKS

Jerome Yau

CEO, Pink Alliance

9.40AM KEYNOTE ADDRESS LGBT+ HEALTHCARE

Dr. Francois Fong

CEO & Medical Director, Neo-Health Group



Dr. Fong is widely recognized as a sexual health expert and passionate community advocate for sex education in Hong Kong. He will speak on the importance of promoting LGBT+ sensitive medical services in Hong Kong in order to address the various health issues facing our community.

(This session conducted in English 此部份以英語進行)

10.20AM - 10 minute break 休息10分鐘 -

10.30AM 性別轉換知多啲

Sakura Lam

註冊社工 - 性別空間



性別空間是一個服務跨性別人士及其家屬的自助組織。簡述香港跨性別人士由評估至進行手術的醫療程序, 以及法律和生活上如何過渡至新身份。

(This session conducted in Cantonese 此部份以粵語進行)

11.00AM - 5 minute break 休息5分鐘 -

11.05AM TRANSGENDER SEXUAL HEALTH

Dr. Alfred Sit Yao Wai

Medical & Health Officer, Special Preventive Programme, Red Ribbon Centre



This talk will focus on the medical treatment for transgender patients, including hormone replacement therapies and sex reassignment surgery, and provision of transgender sexual health.

(This session conducted in English 此部份以英語進行)

11.35AM - 5 minute break 休息5分鐘 -

11.40AM THE PATH OF TRANSGENDER HEALTH IN HONG KONG: OUR PAST AND OUR FUTURE CHALLENGES

Dr. Greg Kai-lok Mak

Vice-President, AsiaPATH



Significant advancement has been achieved in transgender rights over the past ten years in Hong Kong. We will look into our past struggles, and learn and prepare for any challenges in the future.

(This session conducted in English 此部份以英語進行)

12.10PM - 50 minute lunch break 休息50分鐘 (午餐) -

1.00PM 使用暴露前預防性投藥

李啓龍

項目經理, 關懷愛滋



認識預防性投藥, 以及服用時要注意的地方。

(This session conducted in Cantonese 此部份以粵語進行)

1.30PM - 5 minute break 休息5分鐘 -

1.35PM GAY MEN AND MENTAL HEALTH

Dr. Gordon Wong

Optimind Clinic



Dr. Wong is a psychiatric specialist in private practice. His talk will focus on the mental health of gay men, especially the treatment of stress, depression and anxiety.

(This session conducted in English 此部份以英語進行)

2.05PM - 5 minute break 休息5分鐘 -

2.10PM 與HIV感染者維持親密關係

張錦雄

總幹事 - 彩虹中國



與HIV共處四分之一個世紀, 現身說法, 分享幾段「陰陽戀」(男男單陽伴侶)與幾點預防愛滋病的重要知識。

(This session conducted in Cantonese 此部份以粵語進行)

2.40PM - 10 minute break 休息10分鐘 -

2.50PM 女同志性健康

Kelly Cheng

Les'Play 創辦人



女同志情趣用品店Les'Play創辦人、註冊社工，擁有青年工作及網上輔導經驗，活躍於年青人網上論壇，現為本地女同社交平台撰稿、談情說性。以成人用品作介入、以社工專業為本位，為性小眾帶來更多正面性知識，期望大家有天都懂得「好好做愛」。

分享内容

- 什麼叫「做愛」？ - 女生與女生之間的愉悅 - 床上的心理與生理健康

(This session conducted in Cantonese 此部份以粵語進行)

3.20PM

- 10 minute break 休息10分鐘 -

3.25PM 女同志心理健康

譚鳳翎醫生

蘊安醫務中心 (Cordial Medical Centre)



譚醫生是一位精神科專科醫生，現在於旺角的私人診所執業。譚醫生畢業於香港中文大學，曾在不同醫院接受精神科訓練。她對兒童和青少年心理健康特別感興趣，並有多年處理不同性傾向人士個案的經驗。她將分享女同性戀者心理健康的一些最新資訊。

(This session conducted in Cantonese 此部份以粵語進行)

3.55PM

- 5 minute break 休息5分鐘 -

4.00PM LESBIAN GYNAECOLOGICAL HEALTH

Dr. Mona Lam Wai Cheung

Honorary Secretary, Obstetrical and Gynaecological Society of Hong Kong



Discussion on the diagnosis and management of abnormal menses.

(This session conducted in English 此部份以英語進行)

4.30PM CLOSING REMARKS

www.pinkseason.hk
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