



HEALTH FORUM

粉紅天 健康講座

The forum is open to both medical professionals and the general public

Wednesday, November 13
7PM - 10PM
Eaton Hotel, Jordan



7:00PM DOORS OPEN

7:15PM WELCOME REMARKS

Dr. Gordon Wong

Director of Health - Pink Alliance

7:20PM KEYNOTE ADDRESS

Dr. Francois Fong 方陽醫生

Medical Director - Neo-Health Group 醫務總監 - 創健醫療

Dr. Fong is widely recognized as a sexual health expert and passionate community advocate for sex education in Hong Kong. He will speak on the importance of promoting LGBT+ sensitive medical services in Hong Kong in order to address the various health issues facing our community.

方醫生是著名的性健康專家，在推行性教育上不遺餘力。本地同志社群面對不少健康問題，而方醫生則會從這方面入手，講解推廣同志及性別酷兒醫療服務的重要性。

(Simultaneous interpretation available 即時翻譯)

8:00PM - 10 minute break -

8:10PM TRANSITIONING: WHAT YOU NEED TO KNOW

ROOM 1

Sakura Lam

Registered Social Worker - Gender Empowerment 註冊社工 - 性別空間

Gender Empowerment is a self-help group serving transgender people and their families. This talk will be a brief description of the medical procedures for transgender people in Hong Kong from assessment to surgery, and how they can transition to new identities in law and in life.

性別空間是一個服務跨性別者及家屬的自助組織。簡述香港跨性別者由評估至進行手術的醫療程序，以及法律和生活上如何過渡至新身份。

(Simultaneous interpretation available 即時翻譯)

LESBIAN SEXUAL HEALTH

ROOM 2

Kelly Cheng

Founder - Les'Play 創辦人

Kelly is the founder of Les'Play, a lesbian sex shop. She is also a registered social worker, experienced in youth work and online counseling. She is active in online forums for young people; and local lesbian social platforms. As a social worker by training, she uses adult products as the means to bring more knowledge about sex to the sexual minorities and hope that everyone will know how to enjoy making love.

女同志情趣用品店Les'Play創辦人、註冊社工，擁有青年工作及網上輔導經驗，活躍於年青人網上論壇，現為本地女同社交平台撰稿、談情說性。以成人用品作介入、以社工專業為本位，為性小眾帶來更多正面性知識，期望大家有天都懂得「好好做愛」。

Topics:

- What is "making love"?

- Pleasure between girls and girls

- psychological and physical health of the bed

分享内容

- 什麼叫「做愛」?

- 女生與女生之間的愉悅

- 床上的心理與生理健康

(This session conducted in Cantonese 論壇的語言為廣東話)

GAY MEN AND MENTAL HEALTH

ROOM 3

Dr. Gordon Wong 王駿濱醫生

Psychiatrist 精神科專科醫生 Optimind Clinic

A psychiatric specialist in private practice, Dr. Wong specializes in gay men's mental health. Exploring the mental health of LGBT+, especially the treatment of stress, depression and anxiety

私人執業精神科專科醫生, 王醫生擅長於同志精神健康。探討同志精神健康, 尤其是壓力、抑鬱症及焦慮的處理方法。

(This session conducted in Cantonese 論壇的語言為廣東話)

8:40PM

- 5 minute break -

8:45PM WHAT TO KNOW ABOUT PrEP

ROOM 1

KB Lee 李啓龍

Programme Manager, AIDS Concern 項目經理, 關懷愛滋

What is PrEP? 使用暴露前預防性投藥

Attendees will learn more about pre-exposure prophylaxis (PrEP), and what to pay attention to before taking it.

認識預防性投藥, 以及服用時要注意的地方。

(Simultaneous interpretation available 即時翻譯)

TRANSGENDER SEXUAL HEALTH

ROOM 2

Dr. Sit Yao Wai (Alfred) 薛耀威醫生

Medical & Health Officer (Special Preventive Programme), Red Ribbon Centre 醫生(特別預防計劃), 紅絲帶中心

Focus on medical treatment for transgender patients, including hormone replacement therapies and sex reassignment surgery, and provision of transgender sexual health.

針對跨性別人士的醫療狀況, 包括荷爾蒙替代療法與性別確認手術, 提供性健康資訊

(This session conducted in English 論壇的語言為英文)

LESBIANS AND MENTAL HEALTH

ROOM 3

Dr. Tam Fung Ling (Venus) 譚鳳翎醫生

Dr. Tam is a specialist in psychiatry, now working in private practice in Mong Kok. Dr.

Tam graduated from the Chinese University of Hong Kong and has received psychiatric training in different hospitals. She is interested in child and adolescent psychiatry and is also experienced in cases with different sexual orientation. She will give a talk about the updated information of lesbian mental health.

譚醫生是一位精神科專科醫生, 現在於旺角的私人診所執業。譚醫生畢業於香港中文大學, 曾在不同醫院接受精神科訓練。她對兒童和青少年心理健康特別感興趣, 並有多年處理不同性傾向人士個案的經驗。她將談談女同性戀者心理健康的一些最新資訊。

(This session conducted in Cantonese 論壇的語言為廣東話)

9:15PM

- 5 minute break -

9:20PM LESBIAN GYNAECOLOGICAL HEALTH

ROOM 1

Dr. Mona Lam Wai Cheung 林慧翔醫生

Honorary Secretary, Obstetrical and Gynaecological Society of Hong Kong
香港婦產科學會

Discussion on the diagnosis and management of abnormal menses.

討論月經不調的診斷與治療

(Simultaneous interpretation available 即時翻譯)

BEING IN A RELATIONSHIP WITH SOMEONE HIV+

ROOM 2

Kenneth Cheung 張錦雄

Executive Officer - Rainbow China 總幹事 - 彩虹中國

Having lived with HIV for a quarter of a century, Kenneth will share his experiences on “Yin and Yang Love” (male

and male companionship) and important knowledge on AIDS prevention.

與HIV共處四分之一個世紀，現身說法，分享幾段「陰陽戀」（男男單陽伴侶）與幾點預防愛滋病的重要知識。

(This session conducted in Cantonese 論壇的語言為廣東話)

TRANSGENDER HEALTH

ROOM 3

Dr. Mak, Greg Kai-lok 麥榮諾醫生

Vice-Chairman, Asia Professional Association for Transgender Health (Asia-PATH)

Dr. Mak is a general psychiatrist with a background in psychotherapy and psychosexual medicine. The topic of his talk is: “The path of transgender health in Hong Kong: Our past and our future challenges.”

麥醫生為精神科醫生，專長於心理治療及性心理醫學。他主講的題目為「跨性別健康之路：我們過去及將來的挑戰」。

Significant advancement has been achieved in transgender rights over the past ten years in Hong Kong. We will look into our past and struggles, learn and prepare for any challenges in the future.

香港於過去十年在跨性別人權有很重大的進步。我們會回顧過去的奮鬥，同時亦會學習及準備接受未來的挑戰。

Transgender rights have progressed over the past ten years in Hong Kong. We will look into our past struggles, learn and prepare for any challenges in the future.

香港跨性別人士的權益在過去十年有所進展。我們會回顧過去並展望未來，以便迎接不同的挑戰。

(This session conducted in English 論壇的語言為英文)

9:50PM NETWORKING

10:00PM END OF FORUM